



**The difference between a restless and a resting heart is how it responds to God's voice.**

All of this section is quoted from Ps 95.

- Ps 95:1-7a - Worship
- Ps 95:7b – 11 - Wandering

How do we hear His voice?

In His Word.

Through His people.

By time spent quietly before Him, simply listening.

Compare the responses of a restless vs a resting heart.

Restless

Resting

How does this apply to me?



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