Women in the Word March 1, 2022 Matthew 6:22-30 (ESV) LF Gee



# Consider Your Ways

Review Matthew 6:19-21

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

#### Reflect

What are my treasures?

## The Eyes Have It

Matthew 6:22-23

"The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!"

#### Reflect

What sparks joy? See Acts 4-5 and the story of Ananias and Sapphira.

## Choose Whom (or What) You Will Serve Matthew 6:24

"No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money."

#### Reflect

Whom (or what) do you serve? See Matthew 19:16-30, the story of a rich young man.

What commandment had the rich young man broken? See Exodus 20:3.

## What, Me Worry?

### Matthew 6:25-30

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?

"Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

"And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?"

### Reflect

When do we have *enough*? For historical perspective, see **Haggai 1:4-6** regarding the rebuilding of the temple:

"Is it a time for you yourselves to dwell in your paneled houses, while this house lies in ruins?

"Now, therefore, thus says the Lord of hosts: Consider your ways. You have sown much, and harvested little. You eat, but you never have enough; you drink, but you never have your fill. You clothe yourselves, but no one is warm. And he who earns wages does so to put them into a bag with holes.

"Thus says the Lord of hosts: Consider your ways."

Preview Matthew 6:31-24

"Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.

"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

## When You're Feeling Anxious

#### Philippians 4:6 John 14:27 I Peter 5:6-7 (D)o not be anxious about Peace I leave with you; my peace Humble yourselves, therefore, anything, but in everything by I give to you. Not as the world under the mighty hand of God so prayer and supplication with gives do I give to you. Let not that at the proper time he may thanksgiving let your requests your hearts be troubled, neither exalt you, casting all your be made known to God. let them be afraid. anxieties on him, because he cares for you. Matthew 6:25 **Psalm 23:4** Jeremiah 29:11-12 (NIV) Therefore I tell you, do not be Even though I walk through the "For I know the plans I have for anxious about your life, what you valley of the shadow of death, you," declares the Lord, "plans to will eat or what you will drink, I will fear no evil, prosper you and not to harm nor about your body, what you for you are with me: you, plans to give you hope and will put on. Is not life more than your rod and your staff, food, and the body more than a future. Then you will call on me they comfort me. clothing? and come and pray to me, and I will listen to you." Romans 8:31-32 Isaiah 41:10 Joshua 1:9 What then shall we say to these (F)ear not, for I am with you; Have I not commanded you? Be things? If God is for us, who can be not dismayed, for I am strong and courageous. Do not be against us? He who did not your God: be frightened, and do not be spare his own Son but gave him up for us all, how will he not also I will strengthen you, I will help dismayed, for the Lord your God with him graciously give us all is with you wherever you go. things? I will uphold you with my righteous right hand. I Thessalonians 3:16 Psalm 34:4 Psalm 56:3 Now may the Lord of peace I sought the Lord, and he When I am afraid, himself give you peace at all answered me I put my trust in you. times in every way. The Lord be and delivered me from all

my fears.

with you all.